

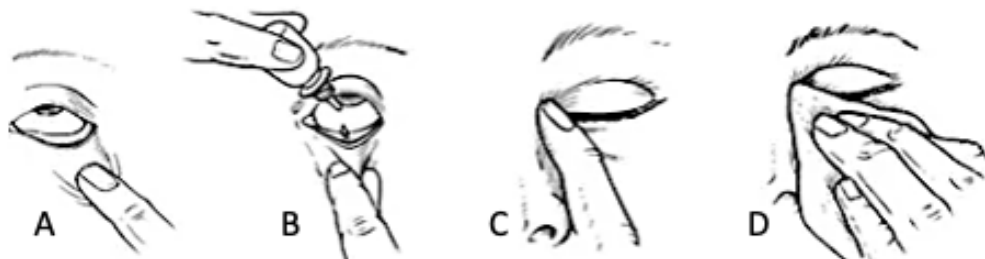


IMPORTANT INFORMATION ABOUT YOUR GLAUCOMA

Following are **IMPORTANT** information related to your diagnosis of glaucoma

1. Glaucoma is a disease that causes permanent loss of side vision – this is not recoverable
2. But we can save what is remaining
3. To save this, initially eyedrops have been prescribed by your doctor
4. This must be done indefinitely; sometimes laser or surgery may be required
5. The disease can worsen even when you are on treatment and doing your eyedrops regularly
6. So along with treatment, regular check-up is mandatory.
7. Once the disease stabilizes, follow-up is every 3-6 months
8. The disease can run in families and the risk increases ten times with your diagnosis - all blood relations should undergo eye examination to rule out glaucoma. These relations include parents, siblings (brothers and sisters) and offspring (children, once they reach the age of 35).

HOW TO APPLY EYEDROPS



- A. Look up and pull your lower lid down
- B. Squeeze 1 eyedrop from the bottle (do not let the bottle touch the eye)
- C. Close your eyes for 2 minutes and hold the corner of your eye (near the nose)
- D. Wipe off any excess eyedrops with clean tissue

LEAVE MINIMUM 5-10 MINUTES BETWEEN EYEDROPS (if more than 1 bottle prescribed)

**DISCARD EYEDROP BOTTLE/S AFTER 1 MONTH OF OPENING
EVEN IF IT IS WITHIN EXPIRY DATE**

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